

## Copyright Information

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Thanks!

## **How the Decathlon Works**

**Each completed sheet earns you the prize listed on the sheet.**

You may complete as many sheets as you like, in any subject or combination of subjects.

(Example: If you spend all break doing nothing but science labs, you can keep earning the prize for science labs over and over again.)

**The Decathlon is a bonus prize for exceptional effort across all subjects.**

To complete the Decathlon you must complete one sheet in each of the ten subjects. (You can do more, of course.)

Decathlon competitors may optionally choose to skip one subject in exchange for completing two additional sheets in any other subjects.

(Example 1: You could skip Science Labs, and do two additional sheets in History.)

(Example 2: You could skip Fine Arts, and do one additional sheet in Crafts and one additional sheet in Science Reading.)

**If there is any doubt about whether your work counts towards a prize, get parent pre-approval before you begin.**

Prize Equivalents: When you earn a prize, you can choose a pre-approved equivalent prize instead.

**Decathlon Bonus Prize:**

To win the Decathlon, complete one sheet in each of the ten areas.

Date  
Completed:

Subject:

- \_\_\_\_\_  Literature
- \_\_\_\_\_  History
- \_\_\_\_\_  Science Reading
- \_\_\_\_\_  Science Labs
- \_\_\_\_\_  Fine Arts
- \_\_\_\_\_  Crafts
- \_\_\_\_\_  Home and Garden Help
- \_\_\_\_\_  Naturalist
- \_\_\_\_\_  Bible Verses Memorized
- \_\_\_\_\_  Hymn or Poem Memorized

**Optional Two-for-One Substitution:**

Complete two additional sheets in any subject in exchange for skipping one subject area of the Decathlon.

- \_\_\_\_\_  Subject:
- \_\_\_\_\_  Subject:

*Each completed sheet also earns the prize for that sheet. The Decathlon award is a bonus.*

## Literature

Read a total of 5 hours of any kind of literature or combination: fiction, poetry, biography, or Bible.

	Date Completed:	15 Minutes	Book Read:
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____

Use Ditto marks (") if you keep reading the same book for the next 15 minutes.

**Prize:**

Date Prize Redeemed:

## History

Read a total of 5 hours of any kind of history or combination: historical fiction, historical non-fiction, biography, or Bible.

	Date Completed:	15 Minutes	Book Read:
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____

Use Ditto marks (") if you keep reading the same book for the next 15 minutes.

**Prize:**

Date Prize Redeemed:

## Science

Read a total of 5 hours about any science subject (or several different subjects).

Date Completed:

15 Minutes

Book Read:

One Hour	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
One Hour	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
One Hour	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
One Hour	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
One Hour	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>
	<hr/>	<input type="checkbox"/>	<hr/>

Use Ditto marks (") if you keep reading the same book for the next 15 minutes.

**Prize:**

Date Prize Redeemed:

## Science Labs

Complete a total of 5 science labs.

Three of the experiments must be independent labs at your own grade level.

Optional: Two of the labs may be done as a partner with family members.

**Get pre-approval before you begin, to make sure you can get credit for your work.**

Date Completed

Lab:

_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____

**Prize:**

Date Prize Redeemed:

**Fine Arts**

Spend a total of five hours working on any combination of fine arts projects.

Approved fine arts are: Penmanship, calligraphy, drawing, painting, singing, or learning (practicing) a musical instrument.

You may request approval for other fine arts.

	Date Completed:	15 Minutes	Project:
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____

Use Ditto marks (") if you keep working on the same project for the next 15 minutes.

**Prize:**

Date Prize Redeemed:



## Crafts

Spend a total of five hours working on any combination of craft projects.

Approved crafts include but are not limited to: Sewing, woodworking, scrapbooking, knitting, crochet, and household repairs.

Other crafts will be considered, but get parent approval first before beginning to make sure you get credit.

If you have already completed at least one Fine Arts sheet, you may use additional Fine Arts time on your craft sheet.

	Date Completed:	15 Minutes	Project:
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
One Hour		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____
		<input type="checkbox"/>	_____

Use Ditto marks (") if you keep working on the same project for the next 15 minutes.

**Prize:**

Date Prize Redeemed:

### Home and Garden Help

Spend a total of five hours working on any combination of projects to clean or improve our home.

**All projects must be pre-approved in order to get credit.**

Regular daily chores do not count.

Some projects may count for either "crafts" or "home and garden help", but each 15 minutes can only be counted one time.

Don't be shy: We're open to any cleaning or maintenance job that needs to be done, concerning anything that is ours to maintain.

Volunteer work for others or for shared spaces (example: picking up litter in public areas) can count as well.

	Date Completed:	15 Minutes	Project:
One Hour		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
One Hour		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
One Hour		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
One Hour		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
One Hour		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	
		<input type="checkbox"/>	

Use Ditto marks ("") if you keep working on the same project for the next 15 minutes.

**Prize:**

Date Prize Redeemed:

**Naturalist**

Learn to identify a total of five natural items you previously could not identify.  
Suitable items include but are not limited to: Constellations, birds, plants, and rocks.

**Get pre-approval before you begin to make sure you can get credit for your work.**

Date Completed

Item Identified:

_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____
_____	<input type="checkbox"/>	_____

**Prize:**

Date Prize Redeemed:

## Bible Verse Memory

Memorize a total of five Bible verses.

You may memorize any combination of verses.

If you wish to memorize a longer passage, use more sheets and earn a prize for each five verses.

**To get credit, you must recite the verse without errors three different days**

Dates Recited without Errors:

Bible Verse:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Prize:**

Date Prize Redeemed:

**Hymn or Poem Memorization**

Choose a hymn or poem you have not already memorized.  
Break it down into verses, and memorize one verse at a time.  
Parents will decide whether your selection is worth one sheet, less than one sheet, or more than one sheet.  
The benchmark is that memorizing a typical 5-verse church hymn counts as one sheet.  
Longer works can earn a second sheet or part of a second sheet.  
Shorter works can be combined to complete a sheet.

**To get credit, you must recite the verse without errors three different days**

Dates Recited without Errors:

Work Recited:

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

**Prize:**

Date Prize Redeemed: